

Plum Hill Run Walk for Leukemia

Location: Kaukauna Hydro Park
(Across the street from Plum Hill Cafe and Art)
303 Dodge Street, Kaukauna, WI

Date: Saturday May 22, 2010

7:00 AM Run/Walk Check-In
9:00 AM 5K Run/Walk
10:00 AM 1/4 Mile Children's Run/Walk
10:15 AM 1/2 Mile Children's Run/Walk

Awards Presentation Immediately following the 1/2 mile children's run

5K (3.1 Mile) Run Walk - The run/walk will be starting in Hydro park, across the street from the Plum Hill Cafe and Art. The route takes runners around the historic city of Kaukauna and winds back to the beautiful Plum Hill Café.

Children's 1/2 Mile Run Walk – Ages 7 to 10
The route takes children safely around the Hydro Park, not crossing any streets.

Children's 1/4 Mile Run Walk – Ages 6 and Under (Parents allowed to accompany children)The route takes children safely around the Hydro Park, not crossing any streets.

5K Walk/Run Registration Fee	\$ 18
Due By May 10, 2010	
5K Walk/Run Registration Fee	\$ 21
After May 10, 2010	
Y1/2 & Y1/4 Mile Walk/Run Registration Fee	\$ 8

Amenities

- Plum Hill 5K Run/Walk for Leukemia short-sleeve t-shirt
- Finishing medal for all children
- 1st through 3rd place awards for Adult Participants of each age group
- Overall Winner Award for the Adult Run
- Post-race refreshments for all participants
- Early check in available Friday night at Hydro Park

All You Can Eat Pasta Dinner & Early Run/Walk Check In

Date: FRIDAY May 21, 2010

Location: Kaukauna Hydro Park (Across the street from Plum Hill Cafe and Art) Inside the Big Tent

Times: 4:00PM – 9:00PM Early Run/Walk Check In

5:30PM - 8:30PM All You Can Eat Pasta Dinner

All You Can Eat Pasta Dinner Prices:

Adults: \$8.50

Children - 10 & Under: \$5.00

(Beverages to be purchased separately)

Sponsored by the Plum Hill Café & Art.

Proceeds donated to the Leukemia & Lymphoma Society

Contact & Mailing Information:

Plum Hill Run Walk
PO Box 1006

Kaukauna, WI 54130

www.plumhillrunwalk.com

Event Sponsors

Plum Hill Cafe & Art

D. Olkowski Builders

Tandem Industries of the Fox Valley

Joan Sternhagen

Independent Senior Sales Director Mary Kay

Sunset Events, LLC

City of Kaukauna

Just Act Natural

eStartupKit.com

To the Point Marketing

Digicom Ink Refillers

Eagle Graphics

Times Villager

InkTech

FRIDAY NIGHT ALL-YOU-CAN-EAT PASTA DINNER REGISTRATION FORM

(Please use one registration form per runner. Please print legibly to ensure accurate registration.)

First Name _____ MI _____ Last Name _____
 Street Address _____
 City _____ St _____ Zip _____
 Phone _____ Email _____
 Age (as of 5/30/09) _____ DOB: M _____ D _____ Y _____ Sex _____
 5K Event Registration Fee \$ 18.00 Due By May 10, 2010
 5K Event Registration Fee \$ 21.00 After May 10, 2010
 Y1/4 & Y1/2 Registration Fee \$ 8.00
 Pasta Dinner (Adult) \$ 8.50
 Pasta Dinner (Child) \$ 5.00
 Ages 12 & Under
 TOTAL REGISTRATION FEES \$ _____

Circle Event: Y1/2 Y 1/4 Adult: S M L XL 2X Youth: 2-4 6-8 10-12 14-16

Circle Shirt Selection:

CONSENT & LIABILITY WAIVER

Hold Harmless: By participating in the Plum Hill 5K Run Walk for Leukemia, I agree to release and hold harmless Plum Hill Café, its officers, directors, employees and agents and the city of Kaukauna, from any and all liability, losses, claims, actions, costs, including attorney fees resulting from injury to person or damage to property arising out of my participation in the Plum Hill 5K Run Walk for Leukemia.

Photographic Authorization: I hereby give Plum Hill Café, and its affiliates, permission to photograph me during the run/walk and its related activities and to use those photographs for any purpose, including, but not limited to, commercial purposes, Plum Hill Café advertisements and promotional materials.

Medical Treatment: As a participant in the Plum Hill 5K Run/Walk for Leukemia, I understand I may become ill or injured and medical treatment may be necessary. I give consent to City of Kaukauna Paramedic & Ambulance service medical staff and/or volunteers to evaluate, treat injuries/illnesses and activate emergency care as indicated.

Signature _____

Relationship _____

(if under 18 years of age, authorized signature of guardian) (if under 18)

Date _____